NASSAU COUNTY DEPARTMENT OF HUMAN SERVICES





ANNUAL REPORT 2018

LAURA CURRAN, COUNTY EXECUTIVE Carolyn McCummings, PhD, Commissioner

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COMMISSIONER'S CORNER



The primary focus of my work as Commissioner is to position the Department of Human Services for continuous excellence and public impact in serving the residents of Nassau County. The Department of Human Services serves, with pleasure, the county's youth and seniors, as well as those residents who are struggling with substance abuse, and mental health Issues. We are also committed to serving residents who are physically challenged and individuals with developmental disabilities.

NCDHS and its divisions provide programs and services designed to give eligible individuals and families the help they need to find permanent solutions to a myriad of life challenges. Our divisions are the Office for the Aging, Mental Health, Chemical Dependency, Developmental Disabilities Services, Office for Youth Services, and the Office for the Physically Challenged. This is made possible through the Department's work to maximize state and federal resources, establish community supports and promote accountability among staff and those we partner with.

Many thanks County Executive, Laura Curran and Deputy Kyle Rose- Louder, for all of your support and to all of you who helped us achieve excellence in 2018.

Sincerely,

Carohyn McCummings

CAROLYN McCUMMINGS, MPH, PhD COMMISSIONER

MISSION STATEMENT

The Nassau County Department of Human Services provides the residents of Nassau County with a constituent centered and holistic approach to the delivery of services and information through and between its Office for the Aging, Office of Mental Health, Chemical Dependency, and Developmental Disabilities Service, Office for the Physically Challenged, and Office of Youth Services. The department facilitates the sharing and exchange of knowledge, skill, and professionalism in a comprehensive and integrated manner. Additionally, the Department of Human Services works closely with, and enjoys a collaborative relationship with many non-profit and community-based organizations throughout the county

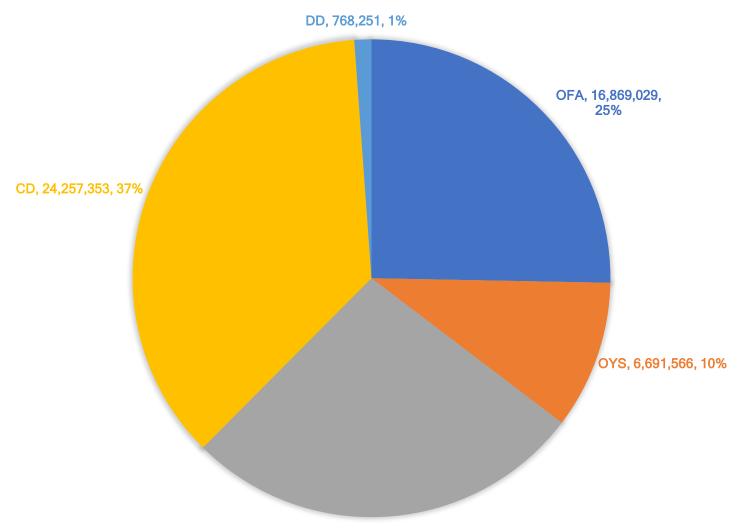




OPERATING HIGHLIGHTS

CONTRACTUAL SERVICES

TOTAL CONTRACTUAL SERVICES



MH, 18,083,429, 27%

MH = MENTAL HEALTH

CD = CHEMICAL DEPENDENCY

DD = DEVELOPMENTAL DISABILITIES

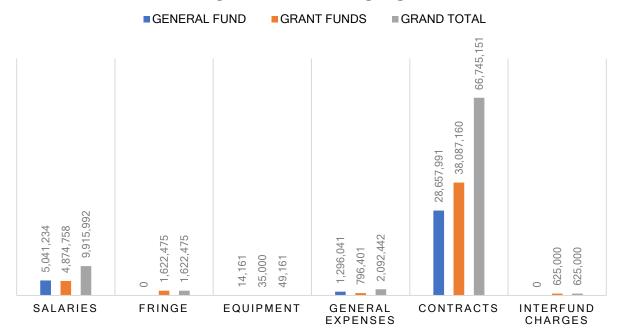
OFA - AGING OYS = YOUTH SERVICES

CONTRACTUAL SERVICES TOTAL CONTRACTUAL SERVICES

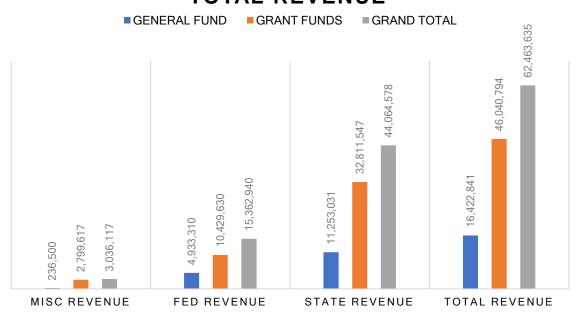
Resp. Ctr. Index Title	Obj.	Obj Title	SubObj Code	SubObject Title	Dept. Req. Amt
1100 HEALTH & HUMAN SERVICES	DE	CONTRACTUAL SERVICES	DE511	PROGRAM AGENCIES	75,52
1200 OFFICE FOR THE AGING		CONTRACTUAL SERVICES	DE511	PROGRAM AGENCIES	16,839,416
1200 OFFICE FOR THE AGING	DE	CONTRACTUAL SERVICES Total OFA	DE563	CORNELL COOPERATIVE EXT OF N.C. TOTAL 1200	29,613 16,869,02 9
1324 YOUTH DEVELOP & DELQ PREVENTION	DE	CONTRACTUAL SERVICES	DE511	PROGRAM AGENCIES	6,341,566
	DE	CONTRACTUAL SERVICES	DE511	Municipal Grant Contracts	350,000
		Total Youth Services	*		6,691,566
1501 MENTAL HEALTH LOCAL ASSISTANCE		CONTRACTUAL SERVICES	DE511	PROGRAM AGENCIES	2,984,76
1501 MENTAL HEALTH LOCAL ASSISTANCE	DE	CONTRACTUAL SERVICES	DE524	MEDICAL/PSYCHIATRIC SERVICES TOTAL 1501	124,800 3,109,56 3
1502 MENTAL HEALTH COURT SERVICES	DE	CONTRACTUAL SERVICES	DE500	MISCELLANEOUS CONTRACTUAL SERV	400,000
1502 MENTAL HEALTH COURT SERVICES	DE	CONTRACTUAL SERVICES	DE511	PROGRAM AGENCIES	80,640
1502 MENTAL HEALTH COURT SERVICES	DE	CONTRACTUAL SERVICES	DE524	MEDICAL/PSYCHIATRIC SERVICES TOTAL 1502	339,769 820,40 9
ВН9А	DE	CONTRACTUAL SERVICES	DE511	Grant Adult Service Contracts	10,676,866
вн9С	DE	CONTRACTUAL SERVICES	DE511	Grant Childrens Service Contracts	3,476,59
		Total Mental Health			18,083,429
1601 CHEMICAL DEPEND LOCAL ASSISTANC	DE	CONTRACTUAL SERVICES	DE511	PROGRAM AGENCIES	673,654
BHF1	DE	CONTRACTUAL SERVICES	DE511	OASAS GRANT contracts	23,583,699
		Total Chemical Depe	endancy		24,257,353
1701 DEVELOPMENTAL DISAB LOCAL ASSIST	DE	CONTRACTUAL SERVICES	DE511	PROGRAM AGENCIES	768,251
		Total Develeopment	Disabil	ity	
		Department Total		TOTAL CONTRACTUAL SERVICES	66,745,151

2018 HUMAN SERVICES RECAP GENERAL FUND

TOTAL EXPENSES



TOTAL REVENUE



2018 HUMAN SERVICES RECAP GENERAL FUND

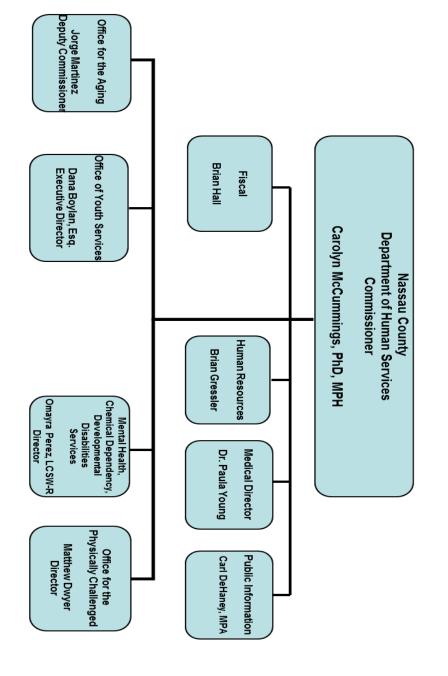
	GENERAL FUND	GRANT FUNDS	GRAND TOTAL							
OBJECT	AMOUNT									
AA Salary	5,041,234	4,874,758	9,915,992							
AB Fringe		1,622,475	1,622,475							
BB Equipment	14,161	35,000	49,161							
DD General Expense	1,296,041	796,401	2,092,442							
DE Contracts	28,657,991	38,087,160	66,745,151							
HH Interfund Charge	es	625,000	625,000							
Total Expenses	35,009,427	46,040,794	81,050,221							
AMOUNT										
MISC REVENUE	236,500	2,799,617	3,036,117							
FED REVENUE	4,933,310	10,429,630	15,362,940							
STATE REVENUE	11,253,031	32,811,547	44,064,578							
TOTAL REVENU	E 16,422,841	46,040,794	62,463,635							
GRAND TOTAL	18,586,586	0	18,586,586							

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PROGRAM AREAS

Nassau County Department of Human Services



MENTAL HEALTH, CHEMICAL DEPENDENCY, DEVELOPMENTAL DISABILITIES SERVICES



Omayra Perez, R-LCSW Director

Agency Vision

The Nassau County Office of Mental Health, Chemical Dependency, and Developmental Disabilities Services promotes the development of a comprehensive, coordinated system of services that enables those with a mental illness, chemical addiction, or developmental disability to maximize their functioning to live safely and successfully in the community.

Agency Core Values

- Compassion and respect for persons served
- Belief in the potential for recovery and one's ability to maximize their potential for independent living

Agency Mission

- Promote the highest quality of clinical, supportive, and rehabilitative services, so that individuals can safely and effectively work towards recovery.
- Foster the delivery of services that enable the developmentally disabled to achieve their potential for autonomous functioning and self-sufficiency.
- To provide oversight and methods of accountability to ensure that services are responsive to individuals needs and are delivered in accordance with best practice standards.
- To evolve services in a changing health care environment that meet one's holistic needs.
- Provide for full, open, and meaningful participation for the people who use services.
- To safeguard the client's right to receive services and maximize client choice.
- To ensure that those most in need have access to care
- To ensure county Planning incorporates input from clients, family, providers, and the community at large.

National Children's Mental Health Awareness Day -



As part of the overall effort to focus on children's wellness, May 10th has been designated as National Children's Mental Health Awareness Day. 20% of youth, aged 13 to 18, are living with a mental health condition. By age 14, 50% of all lifetime mental illness cases have begun; by age 24, that number rises to 75%. Living with a

mental health condition will have an impact on a child's ability to function at home, school, as well as on relationships with others. The hope is that by increasing education and decreasing stigma, the delay in receiving appropriate treatment will shorten and our children will be able to lead healthy, productive lives. The 24th annual Moving Forward in Children's Mental Health Symposium: Safety at the Crossroads of Life is being held on May 9, 2018 and will be a wonderful event to continue the discussion of the importance of children's mental health awareness.

Care of the Pregnant Client with Opioid Use Disorder -

Care of the pregnant client with disorder Opioid Use requires stringent care coordination with the assigned high-risk OB-GYN clinic and or private OB-GYN practitioner. Comprehensive prenatal care involves the evaluation and management of co-occurring



psychiatric disorders, polysubstance use, infectious diseases and social stressors. The management and treatment of substance use disorder and specifically, opioid dependence during pregnancy is a challenging and complex process that requires

involvement and investment from a multidisciplinary team of health care providers. The client requires both intensive addiction counseling and ongoing medical counseling/education. Clients who are pregnant and who meet criteria for opioid use disorder opioid maintenance therapy is recommended, as conversion from illicit use to opioid maintenance therapy decreases maternal and neonatal morbidity by providing a stable opioid dosing regimen, minimizes withdrawal, reduces risk-taking behavior, decreases the spread of Hepatitis C and HIV and is associated with better outcomes for both mother and child. Women presenting to Nassau County Opioid Treatment program are given priority when presenting for admission and often are admitted within twentyfour hours of presentation. Nassau County Opioid Treatment Program provides a multidisciplinary team approach to the care of the pregnant client. Clients are overseen and managed by the program's nurse practitioner. Care coordination is a primary focus along with ongoing intrapartum assessment, care and management and post-partum care and management. Client focused counseling/education includes but is not limited to Neonatal Abstinence syndrome, breastfeeding, contraception and assessment for post-partum depression.

Mental Health First Aid (MHFA) -

One project that Nassau County Department of Human Services, Office of Mental Health, Chemical Dependency and Developmental Disabilities Services is continuously working on is Mental Health First Aid (MHFA). MHFA is an evidence-based public education and



prevention tool designed to improve the public's knowledge of mental health and substance use problems and connects people with care for their mental health or substance use problems. MHFA courses teach a five-step action plan to teach trainees to identify risk factors and warning signs of mental illness and addiction, and about available treatments. Upon completion, participants have a better understanding the impact mental illnesses and addictions. As of 2016, more than 550,000 people have been trained in Mental Health First Aid in the U.S. by a network of more than 9,000 instructors.

MHCDDD 10th Annual Children's Art Expressions Reception -

The Office of Mental Health, Chemical Dependency and Developmental Disabilities Services' 10th Annual Children's Art Expressions reception took place on 6/22/18. Children's Art Expressions is an annual event which features young artists from all over Nassau County. The participants are children and adolescents who receive mental health services through various Nassau County agencies. This exhibition gives participants the opportunity to find their voice through the arts, allowing them to express their feelings, interests and aspirations. Art exhibits and/or artistic performances are selected by the Art



Expressions Committee and showcased at the Long Island's Children Museum where a reception recognizing the participants is held. This year's theme was "Oh, the Places We'll Go", and 43 art exhibits were showcased along with 4 performances. If you are interested in seeing this year's submissions, the art will be on display in the Long Island Children Museum's Community Gallery for the month of August.

Medication Assisted Treatment Collaboration with Nassau County Correctional Center -



The Nassau County Opioid Treatment Program in collaboration with Nassau County Correctional Center will be providing Methadone treatment for clients who incarcerated and who it has been determined are enrolled in Methadone Maintenance Treatment Program. This initiative is scheduled to begin the first week in August. Currently, inmates are receiving comfort medication and Suboxone.

Inmates that are enrolled in "out of county" Methadone Maintenance Treatment Programs will become "guests" at Nassau County Opioid Treatment Program which will allow Nassau County Opioid Treatment Program the ability to provide Methadone to this inmate population through a collaboration with Nassau County Correctional Center's medical unit/pharmacy department. This initiative will allow for continuity of care for inmates who are receiving Methadone and who are enrolled in Methadone Maintenance Treatment Programs and enhance retention in treatment upon release for post-partum depression.

The Rebirth of the Memorial Garden -



In April of 2018, the East Meadow girl scout troop 1448 requested assistance in achieving their "SILVER AWARD," and they proposed a plan to restore a garden once located in front of Nassau County Opioid Treatment Program Building K. The garden had been placed there many years ago and it was named the "Memorial Garden", in memory of the

many patients the program lost at the height of the AIDS epidemic in the early to midnineties. The garden had become overgrown, uncared for and was no longer recognizable as a GARDEN! After responding to the Girl Scouts plan with a resounding YES, by Monday morning, there was this pretty garden (See Page 5)! It was more than just a garden, there were benches and stones and little bird houses scattered throughout. It has become a peaceful place with patients' and staff sitting on the benches and enjoying the little bit of beauty that surrounds them. It's amazing how this garden has brought both staff and patients together! Staff have provided extra plants, staff take turns watering the garden and every morning, patients are sitting on the benches taking in the beauty of the garden created by this dedicated girl scout troop. The Department of Human Services, MHCDDDS, and especially the Nassau County Opioid Treatment Program staff and patients want to thank these girls from the bottom of our hearts for what they have done. They brought beauty back to this old building and we are so very appreciative!

Mental Health Court Staffing Enhancements and Jail Diversion -

The largest population of citizens with mental health (MH) and substance use disorders (SUD) in the United States are housed in jails and prisons, not treatment facilities. Jails and prisons are the costliest of all institutions in general and inmates/prisoners with MH/SUD problems typically receive little or no treatment. Fortunately, Nassau County

has a long history of leadership for intervention with citizens who are alleged to have committed a crime, and who may also have a MH/SUD problem. Three, long-standing jail diversion programs for citizens with pending criminal charges who may have MH/SUD problems are Nassau County's Mental Health Court, Misdemeanor Drug Court and the STEP Program. Due to the large increase in referrals to these programs the Department of Human Services (Office of Mental Health, Chemical Dependency and Developmental Disabilities Services) received an increase in funding for staff enhancements. One additional caseworker and two additional social workers will be hired with this funding. This increased staffing pattern will help to divert appropriate candidates from jail, to treatment. This is a win-win for the court system, defendants and their families, and citizens of Nassau County.



A Little Bit of Everything -

The Nassau County Employee Assistance Program (EAP) staff were recently asked to review their intakes from the last few months and identify any trends in presenting problems. The identification of trends in help seekers assists human service professionals

to make programmatic decisions and helps them to keep a pulse on "what is happening out there." Because the mental health diagnoses with the highest prevalence in the United States are anxiety disorders and mood disorders (depression) it was assumed that these presenting problems would be most prevalent at the EAP. It was noteworthy that there was no major trend in presenting problems to the EAP and in fact the EAP counselors saw "a little bit of everything." Yes, employees and their families did present with anxiety problems such as social phobia, generalized anxiety disorder and panic attacks; and mood disorders such as depression, but the array of presenting problems was very diverse. Employees, and their families, call the EAP for help with problems such as bereavement, life transition issues such as discerning retirement, children moving out of the house, (or back in!); family issues related to marital strife, setting boundaries with adolescents; recovery and relapse issues; and the need for help with concrete services such as budgeting or caregiver support. And some employees and family members seek help with personal issues such as loneliness, job stress or relationship problems. This exercise reinforced that the EAP counselors are available to help employees and their families with anything and everything and no problem is too small or big.



What is the "Vineland? -

The "Vineland" is an instrument that measures "adaptive behavior" in children and adults. Adaptive behavior is an individual's typical performance of the day-to-day activities required for personal and social sufficiency. In other words, adaptive behavior is what an individual can do and does to live and get along in the world on a day-to-day basis. The Vineland, or a comparable instrument is required for eligibility applications to the New York State Office for People with Developmental Disabilities.

VINELAND DOMAINS

COMMUNICATION

receptive expressive

written

DAILY LIVING

personal

domestic

community

SOCIALIZATION

play

leisure/recreation coping Skills

MOTOR SKILLS

fine Motor

gross Motor

PRESS RELEASE



CURRAN SIGNS NEW LEGISLATION TO SUPPORT FIGHT AGAINST SUBSTANCE ABUSE

Mineola, NY –Nassau County Executive Laura Curran today signed two bills that will fight substance abuse—establishing a hotline accessible around the clock and a smartphone application for referrals. County Executive Curran was joined by Legislator Joshua Lafazan who sponsored the legislation. The hotline bill is named "Timothy's Law" in memory of Timothy Kroll, who lost his battle with drug abuse in August 2009.

On August 6, 2018, the Nassau County Legislature voted unanimously to approve Legislator Lafazan's bills. The hotline and smartphone app are intended to provide on-demand assistance and information to residents in the event of an emergency or other time of need. The 24-hour substance abuse hotline will provide access to certified substance abuse counselors and trainees who possess knowledge, training and experience in substance abuse counseling referrals.

"Opioid addiction is a serious health crisis facing our society. Since my first day in office we have worked hard to provide services and education to those families and individuals fighting the terrible disease of addiction," said County Executive Curran. "I applaud Legislator Lafazan for taking the lead on these bills and for his commitment to treatment options for Nassau County residents."

The smartphone application for substance abuse assistance information and resources will provide prevention, treatment, and recovery resources, a NARCAN training calendar, and will include support hotline telephone numbers. The app will be designed for Android and Apple operating systems. These resources will support ongoing efforts by County Executive Curran's Administration and the Nassau County Police Department, to fight the opioid epidemic by encouraging prevention, awareness and treatment options

PRESS RELEASE



Nassau County Executive Laura Curran Warns of Vaping Health and Criminal Dangers



Mineola, NY – Nassau County Executive Laura Curran today addressed the growing trend of the use of "vaping" to smoke either nicotine or other drugs. Joined by Nassau County Police Commissioner Patrick Ryder and Nassau County Health Commissioner Dr. Lawrence Eisenstein, Curran outlined the many issues regarding vaping. "Nicotine is a drug. THC is a drug. Using a vaping method to ingest either can have both negative health effects and, in the case of THC, be illegal," said Curran. "Don't be fooled into thinking either one is harmless."

Vaping (also known as E-cigarettes) is a rapidly growing public health concern in the United States. Although vaping is often marketed as a smoking cessation alternative, the Food and Drug Administration has not approved these devices for smoking cessation. In fact, evidence suggests that they are a gateway to tobacco use among our youth.

"Research continues to be done, but the health risks of vaping are real," said Dr. Eisenstein. "E-cigarettes are not just water vapor and flavoring, the aerosol created by e-cigarettes can contain ingredients that are harmful and potentially harmful to the public's health, including nicotine, flavorings such as diacetyl-a chemical linked to serious lung disease—volatile organic compounds such as benzene, which is found in car exhaust, and heavy metals, such as nickel, tin, and lead."

There has also been a sharp increase nationwide in the use of vaping to ingest <u>Tetrahydrocannabinol</u> (THC), the psychoactive ingredient in marijuana. Although it may appear to be a safer alternative to actually smoking the marijuana plant it still carries the same negative health effects of THC use.

"I think that people have the perception that because it is not marijuana being smoked in a pipe or another method, it is not illegal," said Commissioner Ryder. "That could not be further from the truth. The police treat THC vape cartridges the same way they treat any other illegal drug. You will be arrested and prosecuted."

County Executive Curran has asked all county agencies to work together to address the situation. "Ensuring the health and safety of every person in Nassau County is the most important mission we have as public servants," said County Executive Curran. "My administration will continue to foster team work and combined strategies to address the dangers of vaping throughout the entire county."

PRESS RELEASE



County Executive Curran Proclaims April Autism Awareness Month

Mineola, NY – Nassau County Executive Laura Curran announced that the dome of the Theodore Roosevelt Executive and Legislative Building in Mineola will be illuminated blue in celebration of the 11th Annual World Autism Awareness Day (WAAD) and Autism Speaks' 'Light Up Blue' campaign. The dome will be illuminated from April 2nd through April 6th, in honor of all those affected by autism around the world. County Executive Curran invited Autism advocates, and representatives of distinguished Autism Programs to join her in Proclaiming April as Autism Awareness Month.

"Nassau County is proud to join thousands of communities, organizations, businesses and homes across the country who are 'lighting up blue' in support of Autism Awareness. It is so important to continue to spread world knowledge of autism and the importance of early detection and intervention," said County Executive Curran.

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OFFICE FOR THE AGING



Jorge Martinez
Deputy Commissioner

Office for the Aging Mission Statement

THE NASSAU COUNTY OFFICE FOR THE AGING is responsible for advising the County Executive and government officials on the problems and needs of the county's 300,000 residents age 60 and over. As the official Area Agency on Aging for Nassau County, the office develops a county-wide plan to provide services that assist older persons to remain independent and living in their own homes for as long as possible.

The Office also serves as a funding agency for programs offered by other voluntary and government agencies. It provides more than 70 programs in the areas of health, counselling, legal services, home care, transportation, nutrition, etc., to improve the quality of life for older persons. The Office also serves as an advocate for the elderly. More recently, Nassau NY*Connects, provides persons of all ages with information, referrals and assistance in accessing long term care services and programs. The Office operates one five-day-a-week multi-purpose community center. In cooperation with local community agencies, the Office maintains 13 additional senior centers, which provide daily hot lunches and social and recreational programs, four adult day services centers, and eight senior lunch programs. Nassau County made a commitment more than thirty years ago when it became one of the first county governments in the nation to establish a county agency dedicated to providing programs and services for the over 60 population. As the designated Area Agency on Aging for Nassau County under the federal Older Americans Act, with additional support from the New York State Office for the Aging and Nassau County, we empower older persons to live more independently in their own homes and communities.

Responsibilities of the Office

- Developing county-wide plans to provide services that assist older persons to remain independent for as long as possible.
 - Providing services that assist older persons to remain independent for as long as possible.
 - Supporting and recommending positive legislation for the elderly at state and federal levels by giving testimony at legislative and public hearings.
- Providing information on legislative issues affecting older persons.
- Serving as a funding agency for programs offered by other voluntary and government agencies.
- Providing more than 70 programs for the elderly, such as health and counseling, county-wide.

2018 Office for the Aging Data

- Nassau County Office for the Aging (OFA) and its subcontractors served over 10,400 individual clients through one-on-one services.
- OFA and its subcontractors provided services at 1,658 aggregate groups and community events.
- Over 30,000 hours of Case Management were provided.
- OFA Senior Centers served over 181,000 meals.
- OFA and its subcontractors served over 403,000 home delivered meals (Meals on Wheels).
- Social Adult Day Care Centers provided 65,500 hours of service.
- OFA and its subcontractors provided 105,000 hours of in-home personal care services, such as housekeeper, chore services, homemaker, and personal care.
- OFA and its subcontractors provided over 141,000 bus trips for senior center transportation.
- Information and Assistance, NY Connects program had contact with over 6,000 people through phone calls and face to face interactions.

44th Annual Conference and Luncheon 2018

Every May, the Administration on Aging, part of the Administration for Community Living, leads our nation's observance of Older American's Month. The 2018 theme, "Engage at Every Age", emphasizes that you are never too old (or young) to take part in activities that can enrich your physical, mental, and emotional well-being. It also celebrates the many ways in which older adults make a difference in our communities.

In celebration of Older American's Month, Nassau County Office for the Aging hosted the 44th Annual May Conference and Luncheon on May 18th at the Marriott Hotel in Uniondale. Conference workshops expanded on the theme "Engage at Every Age". Workshop topics include: Volunteerism: Engage at Every Age and Financial Literacy & Reverse Mortgages. Over 350 people were in attandenace and County Execuitve Laura Curran presented Senior Man and Senior Women of the year.



County Executive



Deputy Commisoner Jorge Martinez



Deputy County Executive Health and Human Services Kyle Rose-Louder



Department of Human Services Commissioner Carolyn McCummings



Jorge Martinez with Nassau County Legislator Birnbaum, Legislator Mule, NYSOFS Deputy Director Golden, Commissioner McCummings, and Deputy County Executive Kyle Rose-Louder

End of Summer Luncheon for the Seniors of Nassau County

Office for the Aging hosted the first End of Summer Luncheon on September 14th at the Bethpage Community Center. With over 240 seniors' in attendance, a great time was had by all. Senior's dined on barbeque chicken, macaroni and cheese, green beans, and salad. Music was provided by Citrus Sounds and the senior's danced the afternoon away! County Executive Lauren Curran, Deputy County Executive Kyle Rose -Louder, and Department of Human Services Commissioner McCummings stopped by the event to speak to the seniors.











Special Screening of the Film "The Age of Love"

Nassau County Office for the Aging held a special screening of "The Age of Love" on Wednesday, October 17th. The film follows the comedic and poignant adventures of 30 seniors who attended a first of its kinds "Speed Dating Event for 70 to 90-year-olds" and they discover how the search for love changes or doesn't change from first love to the far reaches of life. About 320 seniors and members of the community attended the screening, including County Executive Laura Curran. Director Steve Lorig addressed the crowd, he spoke about the film and how it came to be.







Public Hearing

The annual public hearing took place on Thursday, October 25th at the Legislative Chambers. The major issues discussed at the public hearing included; housing, transportation and inadequate NCOFA staff levels. Chaired by Deputy County Executive Kyle Rose-Louder and Commissioner Carolyn McCummings, attendees included Legislator Debra Mule, Legislator Delia DeRiggi-Whitton and Assistant Director of NYSOFA John Cochran.











Jorge Martinez, Legislator Mule, Commissioner McCummings, Deputy County Executive Kyle Rose - Louder and Legislator DeRiggi-Whitton

Community Engagement

Office for the Aging attended Golden Gatherings to outreach to seniors in Nassau County. Office for the Aging talked directly to seniors attending the gatherings about long term care options and programs available to seniors through Nassau County. We attended Golden Gatherings hosted by, Senator Brooks in Freeport, Senator Todd Kaminsky in Rockville Center and Senator Kemp Hannon in Garden City.

At the Veterans Stand Down event in Freeport, Office for the Aging talked to senior veterans and distributed Farmers Market Coupons to eligible seniors.

Starting in October 2018, Office for the Aging visited libraries in Nassau County to speak to seniors about programs and services. We have been successful in reaching seniors, caregivers, and members of the community directly.

Also attended events such as:

- Senator Brooks Job Fair
- AARP meeting with the County Executive
- Village of Hempstead Senior/Senior Prom
- National Night Out events in Freeport and Westbury
- Spoke at the Indian American Forum
- Congressman Tom Suozzi Aging in Place Round Table
- New York State Senior Softball Luncheon with the County Executive





Golden Gathering Event



With Senator John Brooks at Golden Gathering Event



Golden Gathering Event



Office for the Aging Staff with Legislator Mule at a Golden Gathering Event



At the Veterans Stand Down Event



At Senator John Brooks Job & Career Fair



Speaking at AARP Chapter Meeting



Village of Hempstead Senior/Senior Prom



National Night Out in Freeport



Indian American Forum at Bethpage Senior Center



Congressman Tom Suozzi Aging in Place Roundtable



NYS Senior Softball Association Luncheon

The Farmers' Market Nutrition Program

OFA participated in the Farmers' Market Nutrition Program (FMNP). The program provides coupons to seniors through the Commodity Supplemental Food Program (CSFP) for the purchase of locally grown, fresh fruits and vegetables. Nassau County Office for the Aging distributed 3,862 Farmers Markets coupons in 2018 at 24 new locations, surpassing 2017 by over 1,000 coupons. Farmers Market Coupons distributed at:

- Nassau County Senior Centers located in Glen Cove, Bethpage, North Merrick, Oceanside, Franklin Square, Hempstead, Oceanside, Port Washington, Massapequa, Oyster Bay, Long Beach, and Freeport
- Town of Hempstead Senior Centers located in Oceanside, Green Acres, Baldwin, Uniondale Bellmore, Wantagh, Levittown, Cedarhurst, Roosevelt, Hempstead, Merrick, Franklin Square, Elmont and Herricks
- Belmont Backstretch
- Bethel AME Church
- Elmont Library
- EOC in Hempstead
- Great Neck Senior Center
- Great Neck Senior Housing
- Happy Seniors Home
- Hardscrabble Senior Apartments
- Hispanic Brotherhood
- Landmark on Main Street
- Manhasset Valley
- Mary's Manor
- McArthur Housing
- Milan Senior Program
- Monica Village
- Nathan Hale Senior Village
- Peternana Housing
- Rockville Manor Housing
- Sandel Senior Center
- St Killan's Senior Citizen Group
- St. James United Methodist Church
- St. Patrick's in Glen Cove
- Totten Housing, Magnolia Gardens
- Westbury Senior Center



Holiday Cheer

Nassau County Office for the Aging's Bethpage Senior Community Center participated in the annual Toys for Tots Program. County Executive Laura Curran acknowledged Nassau County Department of Human Services, Office for the Aging and local senior groups for their donation of over 100 toys to Toys for Tots for the 2018 holiday season. Toys were donated by Department of Human Services Commissioner Carolyn McCummings, Deputy Commissioner Jorge Martinez, and Our Lady of Mercy Seniors, Bethpage Senior Club, and Hicksville Mid-Island Seniors. The senior organizations meet at the Bethpage Senior Community Center and they were very generous in their toy donations this year.

Office for the Aging donated 60 Holiday Baskets during the holiday season to bring some cheer to our most frail county residents. Hicks Nurseries in Westbury donated all 60 Poinsettia Plants and Trader Joe's in Westbury donated boxes of cookies. These items were donated to Family and Children's Association and Catholic Charities. Their Case Managers brought the baskets to the homes of the county's homebound elderly residents.



Toys for Tots at Bethpage Senior Center



Holiday Basket Donation to Homebound Seniors

Nassau County Office for the Aging is Now on Social Media!

Nassau County Office for the Aging is now on social media! Find us on Facebook under Nassau County OFA and on Twitter @NassauOFA. OFA's social media is a great way to learn about our programs, keep up to date on events at our Senior Community Service Centers, learn about issues affecting seniors today and learn about OFA's upcoming community events. Our page is great for seniors, caregivers, families in the community and other community groups.



Like us on Facebook – Nassau County OFA



Follow us on Twitter @NassauOFA

Office for the Aging's Year End Wrap Up

The Office for the Aging had a great 2018! There were many wonderful events and partnerships created to increase the awareness of the agency within the county.

The Office for the Aging is on pace to feed over 600,000 seniors this year through the home delivered and congregate meal programs. We also distributed a record number of Farmers' Market Nutrition Coupons through the Farmers Market Nutrition Program this summer for the purchase of locally grown, fresh fruits and vegetables.

Partnerships are being formed with local AARP Chapters, LIRR, and other organizations. The Office for the Aging met with elected officials on all levels of government. We attended Long Island Smart Growth Working Group Conference about issues affecting seniors, National Night Out events in Freeport and Westbury, and attended the Veterans Stand Down Event in Freeport. The Office for the Aging also attended Golden Gatherings this fall, and the Annual Alzheimer's Disease Education and Conference hosted by the Alzheimer's Disease Resource Center.

NY*Connects is currently on schedule to visit every library within the county to increase awareness of The Office for the Aging.

Office for the Aging celebrated the Seniors of Nassau County with the 44th Annual May Luncheon and Conference on Friday, May 18th at the Uniondale Marriot. Over 300 people attended and everyone enjoyed a nice lunch, workshops, and a keynote address from the County Executive. The first "End of Summer Luncheon" took place on September 14th at the Bethpage Community Center. With over 240 seniors' in attendance, everyone had a great lunch and danced the afternoon away!

The Nassau County Office for the Aging held a special screening of the documentary "The Age of Love" on October 17th at the Bellmore Movies and Showplace. The film follows the comedic and poignant adventures of 30 seniors who signed up for a first of its kind Speed Dating Event for 70 to 90-year-olds. An overflowing crowd of 320 seniors and members of the community attend this special screening. The film's director, Steve Loring attended the screening and spoke about how the documentary was created.

The Office for the Aging is looking forward to a great and exciting 2019. We look forward to expanding and enhancing the paths we have created to serve the seniors of Nassau County.



CURRAN HONORS DANIEL LEDONNE OF GARDEN CITY AS NASSAU COUNTY'S 2018 SENIOR CITIZEN 'MAN OF THE YEAR



Mineola, NY - Nassau County Executive Laura Curran announces that Daniel LeDonne is Nassau County's 2018 Senior Citizen "Man of the Year." Daniel was presented an award at the 44th Annual May Conference in Observance of Older Americans Month on May 18th at the Long Island Marriott in Uniondale. The Nassau County Office for the Aging hosted 300 residents at this special event.

"I congratulate Daniel as Nassau County's 2018 Senior Citizen 'Man of the Year'," said County Executive Curran. "Daniel is most deserving of this award for his dedication to helping seniors." Daniel was born in New York and lived here until 1977. He and his wife moved to Connecticut where he and his partners started a business. In 1996, the business was sold, and he and his wife moved to Oregon and enjoyed traveling. He returned to New York in 2013 to be closer to his family. He wanted to volunteer to give back to his community, and for a short time, he volunteered at the Mary Brennan Inn in Hempstead. He ultimately found his calling at the Family and Children's Association HIICAP Program helping seniors understand and access Medicare.

As a HIICAP Counselor he epitomizes the very best qualities a volunteer can possess. He developed forms and charts for his clients. Daniel states that the Medicare system can be very confusing at times, and providing the correct information is key. The most rewarding thing about volunteering is knowing you are helping people and the unexpected satisfaction when seeing positive results.



CURRAN HONORS MARY JOESTEN OF OCEANSIDE AS NASSAU COUNTY'S 2018 SENIOR CITIZEN 'WOMAN OF THE YEAR'



Mineola, NY - Nassau County Executive Laura Curran announces that Mary Joesten is Nassau County's 2018 Senior Citizen 'Woman of the Year'. Mary was presented an award at the 44th Annual May Conference in Observance of Older Americans Month on May 18th at the Long Island Marriott in Uniondale. The Nassau County Office for the Aging hosted 300 residents at this special event.

"It is my distinct honor to congratulate Mary as Nassau County's 2018 Senior Citizen 'Woman of the Year'," said County Executive Curran. "Mary is an inspiration to all of us. Her advice is: 'Provide service in accordance with the corporal works of mercy; feed the hungry; give water to the thirsty; clothe the naked; shelter homeless; visit the sick; visit the imprisoned, or ransom the captive; bury the dead."

Mary is a native New Yorker and has lived here her whole life. She has 5 children, 12 grandchildren and 3 great-grandchildren. Mary has dedicated the last 49 years to serving her community. She has founded and served in executive positions for Faith Mission, Inc., a soup kitchen; Faith Missions Crisis and Alcohol Center; and the New York Veterans Advocacy Group, where she is currently working to develop a comprehensive crisis and outreach center for veterans and their families. In 1999 she published her book "God I'm Screaming, Can't You Hear Me?" The book was distributed free of charge and Mary and her husband donated the money to various non-profit organizations, including United Veterans Beacon House. They also donated money towards the purchase of a house in Levittown to provide shelter to homeless veterans.



Nassau District Attorney Creates Team to Tackle Elder Abuse

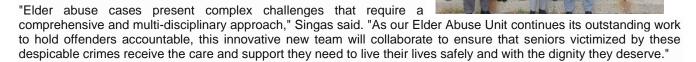
It is the first multi-disciplinary team on Long Island focused on protecting elderly residents from abuse.

By Alex Costello, Patch Staff | Oct 29, 2018 12:23 pm ET

On Monday, Nassau County District Attorney Madeline Singas announced her office was creating Long Island's first multi-disciplinary team to tackle elder abuse in the county. The team, made up of 15 agencies and individuals, will handle the abuse cases affecting Nassau County's elderly population. Nassau has 220,000 people age 65 and older,

which is nearly 17 percent of the population. That number is projected to grow to 277,000 by 2025, according to the state Office for the Aging.

The Multi-Disciplinary Team, or MDT, will meet monthly, Singas said, starting in January, to discuss cases and create plans to reduce the risk of abuse and provide services for victims. The team consists of professionals from Adult Protective Services, Office for the Aging, law enforcement, health care, non-profit social services, financial services, and civil legal services. Cases will be referred from various agencies and screened by the MDT coordinator before being presented to the team.



Elder abuse can include physical, emotional and sexual abuse, as well as neglect and financial exploitation. In elder abuse cases, the perpetrator is often well-known to the victim. The common profile of an offender is an adult child, grandchild or other relative who is living with their aging parent or relative. Typically, these offenders are unemployed or underemployed, have mental health or substance abuse issues, and they rely on the elderly person for financial support and housing. Victims of elder abuse often do not want their loved ones arrested and prosecuted, but they want help for the offender and for the abuse to stop.

Office for the Aging Staff on the Nassau County Elder Abuse Multi-Disciplinary Team:

- Jorge Martinez, Deputy Commissioner, Dept. of Human Services, Office for the Aging
- Caitlyn Murphy, Director of NY Connects, Nassau County Office for the Aging
- Donna Reed, Director of Care Management Services, Nassau County Office for the Aging



FOUR YEAR PLAN FOR SERVICES F00000OR OLDER ADULTS

COUNTY EXECUTIVE CURRAN ANNOUNCES **PUBLIC HEARING ON** FOUR YEAR PLAN FOR SERVICES FOR OLDER ADULTS

Mineola, NY - Nassau County Executive Laura Curran announced today that the Nassau County Department of Human Services, Office for the Aging, and its Advisory Council, will convene a Public Hearing on the Nassau County Third Annual Update to the Four-Year Plan for the Federal Older Americans Act and the New York State Community Services for the Elderly Act. It will be held on Thursday, October 25, 2018 at 9:30 a.m. at the Theodore Roosevelt Executive and Legislative Building, 1550 Franklin Avenue, Mineola, NY in the Legislative Chamber.

The Plan is a working document describing how the Office for the Aging, as the designated Area Agency on Aging for Nassau County, proposes to fulfill the Area Plan requirement under Section 541 of the Executive Law of New York State. The Plan covers the period between April 1, 2016 and March 31, 2020.

The annual Public Hearing provides an opportunity for agencies and Nassau County residents to present comments on the services outlined in the proposed Plan. Individuals can review the Plan and present recommendations on existing programs and on new programs they would like to see developed in the future. Recommendations are used to anticipate needs and strengthen services to Nassau County's older persons, who comprise nearly 20% of the total County population.

The Office for the Aging, with Federal, State and local funds, contracts with agencies to operate more than 65 programs that address the current and projected needs of Nassau County's older residents. An ongoing needs assessment process has identified the following areas of concern which will be considered during this Plan period:

> Outreach Case Management Social Adult Day Care Home Delivered Meals **Caregiver Services** In-Home Non-Medical Services Congregate Meal Programs Minority Outreach Elder Abuse Law Services Nassau NY*Connects/Information and Assistance **Transportation** Housing

Health, Wellness and Disease Prevention/Management ANY RESIDENT WHO WISHES TO PRESENT TESTIMONY SHOULD CALL THE NASSAU COUNTY DEPARTMENT OF HUMAN SERVICES, OFFICE FOR THE AGING,

AT (516) 227-8919 NO LATER THAN FRIDAY, OCTOBER 19, 2018.

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OFFICE OF YOUTH SERVICES



Dana Boylan, Esq. Executive Director

Keith Gerber Runaway/Homeless Youth Service Coordinator

Cherie Edmonston Fiscal

Alok Raman Contract Specialist

Theresa Drye
Program Coordinator

Sheila Riera Administrative Assistant (PT)

Mission Statement

The mission of the Nassau County Youth Services is to promote self-esteem, positive values and morals, citizenship, dignity, as well as physical, social, and mental well-being among the youth of Nassau County through youth and community development. Our guiding principles are empowering youth, strengthening families, creating healthy alternatives, developing communities, and establishing partnerships and service integration. It is important that young people have an opportunity to learn and grow within communities that represent the kind of world in which they live. We need to support and replicate programs that work, experiment with initiatives, cross systems programming, and build capacity for programs for youth most in need. We move forward to create opportunities for young people creating a culture of responsibility, service, and citizenship through the development of partnerships among government, the non-profit sector, schools, businesses, and other community organizations.

Site Visits -

In 2018, the OYS team implement a new onsite administrative and program review process to include scheduled annual administrative site visits followed by a separate program review visit to each agency. As needed, additional or unscheduled visits may be determined to be necessary from these visits. Administrative site visits were completed for all 35 contract agencies within the first two quarters of 2018. The OYS team along with its executive director visited the funded agencies, met with respective executive directors and administrative staff to review each agency's administrative functionality and soundness as well as discuss and identify administrative and technical support needed. All agencies were assessed using the Agency Status Review form that looks at the overall health and functioning of an agency. Visits also provided OYS individual agency as well as county-wide information relating to emerging trends. OYS began to initiate efforts to provide technical support including training, and assistance with the identification of potential board members. Outcome data collected from the site visits are contained in the Comprehensive Agency Report.

Summer Youth Employment -



Through the combined efforts of the Nassau County Department of Human Services, Nassau County Department of Social Services. Gateway Youth Outreach, Bank of America and the United Way, 70 young employed people were Community Based Agencies throughout Nassau County for the months of July and August 2018. There, the youth gained

real-life work experience that will benefit them both in the long and short term. These placements are inclusive of youth placed at OYS agencies via DSS funding.

Many companies and organizations helped make this 2018 initiative success. SYEP received support and sponsorship from the Nassau County Police Department, Target, Staples, Chickfil-A, Home Depot, EAC, New Horizons, HAB Bank, New York Cosmos, Long Island Nets, and YES Community Counseling Center. This summer program commenced with an On-Boarding Day on Thursday June 28, 2018 at the Mitchell Field Athletic Complex Field House. Throughout the summer many OYS youth attended presentations on the topics of proper work attire, resume writing, conduct in the workplace, and financial literacy. There were other learning experiences facilitated by co-sponsors and supporters intended to enhance vocational knowledge by exposing them to various employment environments and possibilities. Following the On-Boarding Day, youth employees worked between 20-40 hours per week for six weeks at community based not-for-profit agencies located throughout Nassau County. This arrangement was beneficial for both the organization and the youth as the organization received much needed summer help and the youth gained valuable work experience.



Boys Youth Development Conference -



The Office of Youth Services conducted its first "Four C" s --College, Career, Character, and Courage Boys Youth Development Conference Monday, October 22nd, 2018 at the Cradle of Aviation Museum. The conference targeted highschool males from 9th to 12th grades. Statistical research has shown that despite

similarities in academic settings, some young men are not achieving the outcomes of others. OYS seeks to address and serve this demographic through its programming because this is a national as well as a county-wide issue of youth-development concern that go beyond the ability of individual funded programs to address. These youths are especially likely to need future support, beyond what the County can be expected to provide in this economic environment.

Focused on identifying college pathways and exploration of career options, the conference entailed panel discussions in STEM. Law. Government, Corporate and Entrepreneurial workshops with the goal of developing skills and empowerment. Three hundred and fifty (350) youth were in attendance for the event. Over 50 African American and



Latino men served as speakers, panelists and mentors for a day. While OYS is generally not a direct-service provider of youth development programming, this year we rolled out a strategic plan to enhance or aide the youth-development efforts of our direct-service providers through key youth-development program initiatives targeted to the larger youth community, not limited to those served by our agencies.

RFQ Process –

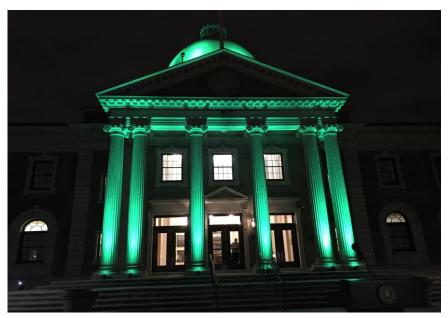
During the month of October 2018, the Nassau County Office of Youth Services conducted its first Request for Qualifications(RFQ) process to determine which contract agencies would be awarded multi-year contracts. At the end of 2018, the first multiyear contracts have been issued to two-thirds of our current contract partners. To alleviate contract -processing delays, it was decided that the Office of Youth Services would initiate a RFQ process to identify agencies in good standing that could be awarded multiyear contracts. A group of independent reviewers along with Department of Human Services Fiscal Department Staff and Office of Youth Services Staff reviewed all applications to determine who would receive multiyear contracts. Twenty-four agencies received multi-year contracts and eleven (11) received a oneyear contract. One-third of contract agencies will receive a three-year contract, one third of contract agencies will receive a two-year contract and one-third of contract agencies will receive a one-year contract. Those that received one-year contracts will receive technical assistance related to capacity building to strengthen the agency. In November 2018, award letters were sent to all contract agencies notifying them of the length of contract they would receive. 2019 Contracts were sent out in December 2018. All vendors began using the new Vendor Portal platform to upload necessary documents.

Technical Assistance to contract agencies -

OYS made several referrals to agencies seeking to address diversification of their Board of Directors which is an area of inquiry and concern for many of our agencies. At least one agency added a new board member through this referral process. The Association for Fundraising Professionals sponsored a Philanthropy Day that was attended by four contract agencies and the Office of Youth Services. The focus of this technical support was capacity build through

board development. Cerini and Associates sponsored 2 events aimed at increasing Board capacity for the Boards of Directors of Not for Profit organizations. Many of the OYS contract agencies took advantage of these capacity building and Board Development events. OYS incorporated new language in its 2019 contracts requiring all OYS contractors to engage in technical training and development to improve capacity.

Runaway Prevention Month Dome Lighting -



On Tuesday November 20, 2018 County Executive Laura Curran hosted a dome lighting ceremony in recognition of National Runaway Prevention Month. There was a brief program in the Ceremonial Chamber followed by the lighting of the dome in green (the color of National Runaway Prevention Month) at the Theodore Roosevelt County

Executive Building in Mineola. Nassau County has an estimated 351,700 youth aged 0-19 and estimates that no less than 4,000 youth run away from home, are thrown out, pushed out or are homeless each year in Nassau County. In Nassau County, provision of Runaway and Homeless youth services is a collaboration between the Nassau County Department of Human Services, Office of Youth Services, Family and Children's Association and Long Island Crisis Center to provide support and assistance to adolescents and their families experiencing difficulties in their lives. Some of the services we provide include safe, temporary shelter for youth, family mediation, crisis intervention, community education, and transitional housing, among many others. The Nassau County Department of Human Services provides the administrative oversight, Long Island Crisis Center operates the 24 hr. 7 day per week Runaway Hotline, and Family and Children' Association operates the county's only emergency

shelter for Runaway and homeless youth (Nassau Haven) and the county's only Transitional Independent Living Program (Walkabout)



Nassau Haven Open Houses -



Nassau Haven hosted 2 Open Houses on May 22, 2018 and November 8, 2018. A total of 32 agency staff and school personnel attended the open houses. Attendees were given a brief orientation of the Runaway and Homeless Youth (RHY) system of services and were given a tour of the house.

Comprehensive Agency Report -

OYS completed a comprehensive agency report of data obtained from Administrative Site visits of funded agencies and supplemented by Census data and other sources such as the Center for Governmental Research Report (CGR Report).

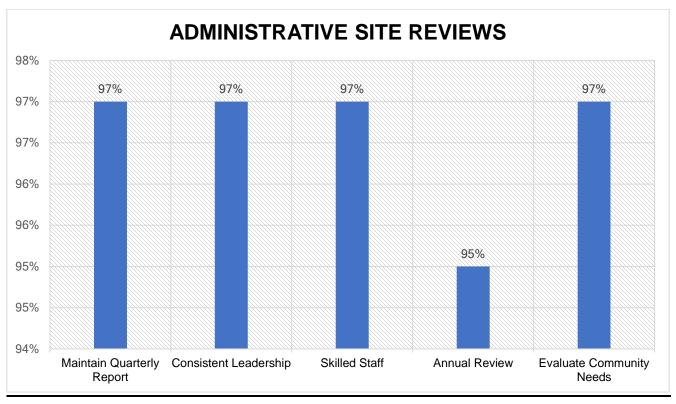
The following are examples of data excerpts from our 2018 Administrative Site Reviews:

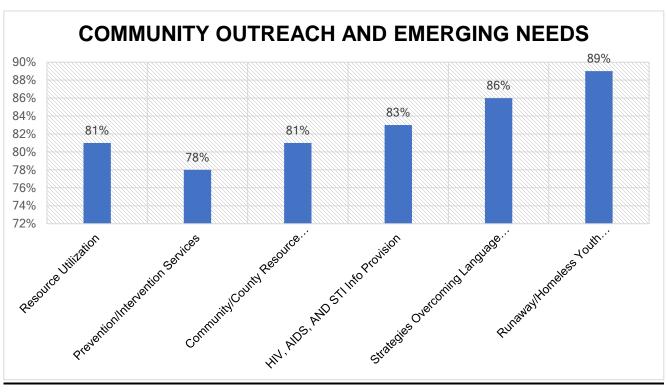
- 100% of OYS-funded agencies reported that they have an adequate number of board members in compliance with New York State Not-for-Profit law section 702(a).
- § 97% of OYS-funded agencies maintain and submit quarterly financial report to their Board which ensures that Boards have full knowledge of the fiscal health of their respective NPO.
- 97% of OYS-funded agencies have consistent leadership in the Executive Director
 position which creates operational stability in the administrative structure within the
 organization.
- § 97% of OYS-funded agencies hire staff with skills that are aligned with the work charge. Remaining agencies have no paid staff or utilizes volunteers.
- § 95% of OYS-funded agencies conduct annual progress review conducted by the Board and executive staff.
- 8 97% of OYS-funded agencies evaluate emerging community needs and changing populations. This ensures that agencies are acutely aware of developing needs that impact youth development and create opportunities to address those needs.

COMMUNITY OUTREACH and EMERGING NEEDS

Emerging needs identified by agencies include growth in Nassau County's undocumented immigrant-youth population as well as the LGBTQ youth community; increases in the need for youth mental health and trauma-informed resources; and greater overall educational and youth development support services.

- 81% of agencies utilize community resources to support and prevent/intervene in youth violence and gangs.
- 18% of agencies provide services to prevent/intervene in youth violence and gangs.
- 81% of agencies collaborate with other community/county resources to ensure that youth receive skills to obtain or maintain employment by providing job preparedness training, recruitment and placement.
- 83% of agencies coordinate and utilize countywide, regional and local resources to ensure that information is made available to youth concerning teen pregnancy, HIV, AIDS, and STIs.
- 86% of agencies implement strategies to that addressed the needs of limited Englishspeaking populations within their community.
- 89% of agencies are aware of resources for runaway and homeless youth and their families through informational sessions about the RHY population, referral procedures and available services in the county.





Staff Training -

- OYS staff attended several trainings throughout the year including the following:
- Association of New York State Youth Bureaus Youth Development Conference on October 23 and 24, 2018.
- From November 4th through the 9th 2018, OYS staff attended a racial and Ethnic Discrimination conference at Georgetown University. As part of the conference, OYS staff is working on a Capstone Project to address connectivity and success for youth involved in the Juvenile Justice System.

Community Collaborations -

OYS continues its participation in community collaborations such as the Nassau County Heroin Prevention Task Force and the Long Island Youth Safety Coalition. In addition, OYS is exploring collaboration with The First Tee of Nassau County for a golf initiative and HERO, which is developing a data collection tool and analytics database for OYS.

OCFS -

In January 2018, the Nassau County Office of Youth Services completed the OCFS Child and Family Service Plan(CFSP) in conjunction with the Department of Social Services. This plan delineates how services will be delivered by the county. In May 2018, the Nassau County Office of Youth Services completed the first ever OCFS Runaway and Homeless Youth Services Plan (RHY). In past years this component was contained as part of the CFSP. This was the first year that there was a separate RHY plan. In November 2018, the Office of Youth Services completed the OCFS Resource Allocation Plan (RAP). This plan dictates how state aid will be used by the county. Applications are entered into the Quality Youth Development

System(QYDS) and the RAP agreement is signed by the County Executive and County Treasurer.

Board of Directors -

The Youth Board of Directors is currently comprised of nine men and nine women. The Board convened for 10 meetings during 2018. The Chairperson of the Board of Directors resigned in November 2018 leaving a vacancy that will be filled in January 2019. The Board of Directors was instrumental in helping to deal with critical agency-related issues. The Board played a role in the Office of Youth Services Summer Youth Employment initiative. The Board served as advocates for the Office of Youth Services when faced with potential budget cuts by having a presence at the County Legislature.

<u>Vision for 2019 –</u>

The Office of Youth Services will continue monitoring of contract agencies through program and administrative site visits. OYS will also continue its supplemental programming such as a Girls Event and continued participation in the Summer Youth Employment Initiative. The Office of Youth Services will also look to replicate the Four "C" s Boys event conducted in October 2018 and roll out of additional programming initiatives including an anti-vaping initiative collaboration between the Office of Youth Services and the Office of Behavioral Health.

OYS will help provide technical assistance opportunities to the contract agencies in 2019 in the areas of fundraising, board development, and other capacity building opportunities. OYS will continue to build and maintain community collaborations to enhance service provision and will complete all required OCFS submissions. The Board of Directors will reconvene in 2019 with a new Chairperson appointed by the County Executive.



2018 Summer Youth Employment Program

Uniondale, NY —Nassau County Executive Laura Curran, the Nassau County Office of Youth Services and Nassau County Youth Court Director Arianne Reyer announced the launch of the 2018 Summer Youth Employment Program (SYEP) at the Mitchell Field Athletic Complex Field House, located at 1 Charles Lindbergh Blvd., Uniondale, NY.

Through the support of the Nassau County Department of Human Services, Nassau County Department of Social Services, Gateway Youth Outreach, Bank of America and the United Way, 70 young people will be employed at community-based agencies throughout Nassau County for the months of July and August 2018.

"We cannot underestimate the importance of youth programs which act as a change agent in the lives of many young people," said Nassau County Executive Laura Curran. "It helps foster growth and continued success."

This initiative has received additional support and sponsorship from the Nassau County Police Department, Target, Staples, Chick-fil-A, Home Depot, EAC, New Horizons, HAB Bank, New York Cosmos, YES Community Counseling Center and Long Island Nets.

The program will kick off with an On-Boarding Day where the participants will be greeted by County Executive Laura Curran, Deputy County Executive Kyle Rose-Louder, and Commissioner of Human Services Carolyn McCummings. Our county's youth will be engaged with presentations on a range of relevant topics including proper work attire, resume writing, conduct in the workplace, and financial literacy.

Presenters include subject-matter experts representing Nassau County's Office of Human Rights, Minority Affairs, Comptroller's Office as well as TD Bank, HAB Bank and Viacom Corp.

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PRESS RELEASE



4Cs - "Career, College, Character & Courage" - Youth Development Conference

The Nassau County Department of Human Services, Office of Youth Services is excited to present our first 4Cs – "Career, College, Character & Courage" – Youth Development Conference for boys on Monday, October 22nd, 2018 from 8:00am to 3:30pm at the Cradle of Aviation Museum, 1 Davis Avenue, Garden City, NY.

Statistical research shows that, even when there are comparative similarities in such factors as economic background and academic settings, some young men are not achieving the same outcomes of others. Accordingly, the conference is aimed at high school boys-in-need from 9th to 12th grades. The conference will focus on their development and knowledge of college pathways and career options. There will be panel discussions and workshops with the goal of helping to develop their support systems, skills and empowerment.

We expect our target audience to be approximately 300 boys from our county, whom we seek to 'aspire to inspire' and make a lasting impact on their lives. In support of these boys, we have partnered with 10 school districts and engaged 50 motivational and highly-accomplished, volunteer male speakers who will serve as "mentors for a day", as well as colleges, trade schools and career experts to deliver these conversations and workshops, focused on the 4Cs.

"We appreciate the partnerships and support of the 'village' as we work to develop new initiatives intended to address county-wide youth issues that go beyond the ability of individual-funded programs to address."

For more information call the Office of Youth Services (516) 227-7115 or email Dana.Boylan@hhsnassaucountyny.us.

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Good summer jobs keep Long Island young people on track



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By JODI GOLDBERG

 $\textbf{Posted} \ \texttt{Jul} \ 25 \ 2018 \ 07:11 \texttt{PM} \ \texttt{EDT} - \textbf{Video} \ \textbf{Posted} \ \texttt{Jul} \ 25 \ 2018 \ 07:12 \texttt{PM} \ \texttt{EDT} - \textbf{Updated} \ \texttt{Jul} \ 25 \ 2018 \ 07:14 \texttt{PM} \ \texttt{EDT}$

NEW YORK (FOX5NY.COM) - For Jason, the Nassau County Summer Youth Employment Program is so much more than a paying job. It is a second chance for the teen who is trying to turn his life around. He was charged with menacing his mom last year but good behavior has allowed him to get back on track. A sophomore at SUNY Albany, Jason works five days a week. He said that while he works, other people his age sleep or play video games. He is getting valuable

office work experience sorting and filing assessments—something that may be useful to the 18-year-old who hopes to one day become a real estate investor. "I've heard of summer programs similar to this one," he said. "I was recommended through the youth court so I figured it'd be even better to have such a good, reliable source as a recommendation."

Participants ages 14 to 21 were chosen by agencies, including the Departments of Social and Human Services, to take part in the program. For the first time this year, a handful of students, including Jason, applied and were also selected from youth court. "Once they see that there's dignity in work, that they have somewhere to go, that they're a productive member of society, they keep on that trajectory," Nassau County District Attorney Madeline Singas said. "And that's what we're hoping for, especially for our youth." "The beauty of this program is that these young people get a great hit on their resume and they also get experience," Nassau County Executive Laura Curran said. "How to interact in the office, how to dress, how to look people in the eye and shake the hand." The Summer Youth Program started in 2012. Under the new county executive's leadership, the program has 70 participants, which is 30 percent more than in the past. Ayush, who was chosen by Nassau County's Office of Youth Services, is going into his freshman year at Hofstra University. He said the job pays well and teaches him responsibility.

"I make good connections here, I get to meet new people," Ayush said. "The workshops are really helpful." The program helps youngsters with tips and tools to succeed in society.

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OFFICE FOR THE PHYSICALLY CHALLENGED



Matthew Dwyer Director

Joel Kessler: (Program Coordinator/ OPC Staff Supervisor)
Helene Weinberger
Francis Murtagh
Duwanna Cullum
Michael Kilbride
WEP {Work Experience Program}
Trainees and Volunteers

Mission Statement

The Nassau County Office for the Physically Challenged serves as the Disability Rights Advocacy agency for this County's population of over 250,000 adults and children with disabilities. In doing so, it plays a leadership role in the provision of programs and services to enhance the independence and productivity of citizens with disabilities, developing and advocating for legislation on the local, State, and Federal levels of government, and working with the business community, health systems agencies, educational institutions of higher learning and school districts, transportation providers, cultural and arts centers, local municipalities, and private and non-profit disability and rehabilitation organizations to remove attitudinal and architectural barriers to consumerism, employment, education, and independent living.

REMEMBER and REMIND others!



The Office for the Physically Challenged is engaged in a continuing effort to raise awareness of the tremendous level of ABUSE in the Accessible Parking Permit program, not only in Nassau County, but across the state and country. Accessible parking permits are issued to individuals with verifiable mobility challenges, both Temporary and Permanent; to ease the challenge of parking and

ambulating in busy, sometimes overcrowded lots. (shopping malls, train stations, doctor's office, grocery store, etc.). Unfortunately, too often many people (friends, even family members) ABUSE the privilege of accessible parking permits for their own selfish use and in doing so not only jeopardize the privilege of the individual to whom the permit is issued, but denies a valuable and needed parking space from a person with a qualifying condition. Help us in our effort to educate the public. Fines up to \$255.00 for the first offence: abusing a permit or parking without one. "You wouldn't want to take our place - So Please - DON'T take our space"



The 2018 Nassau County Victory Challenge/Empire State Games for the Physically Challenged –

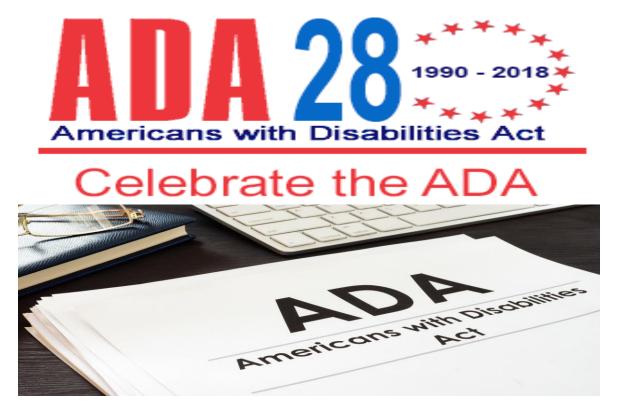
The Nassau County Victory Challenge/Empire State Games for the Physically Challenged took place from May 31st – June 2, 2018. For 33 years, the games bring athletes together from all over New York State to compete in a weekend long sporting event. In 2011, when funding was cut, Nassau County proudly stepped up to save the games and keep this wonderful tradition alive. Nassau County Empire State Games for the Physically Challenged takes place at

Mitchel Athletic Complex and Nassau Community College. Athletes compete in track and field, slalom, archery, swimming, wheelchair basketball and table tennis. Participants range in age

from 5 to 21 years with disabilities including blindness, impaired vision, deafness, impaired hearing, spinal cord injuries, amputees and those who have cerebral palsy, dwarfism and other physical disabilities. There is no cost to athletes to participate and the number of participants continues to grow year after year. The dedication brought forth by the parents, families, teachers, coaches and volunteers are crucial to the success of these games. With a small staff, the help of former athletes, so many dedicated volunteers and the generous support of the local businesses and community, we have been able to continue the tradition of this very unique program.

28th Anniversary of the Signing of the Americans with Disabilities Act -

The Americans with Disabilities Act (ADA) was signed into law on July 26, 1990, by President George H.W. Bush. The ADA is one of America's most comprehensive pieces of civil rights legislation, prohibiting discrimination and guaranteeing that people with disabilities enjoy the same opportunities as everyone else to participate in the mainstream of American life -- employment opportunities, purchase goods and services, participate in State and local government programs and services.



Modeled after the Civil Rights Act of 1964 and Section 504 of the Rehabilitation Act of 1973 -the ADA is an "equal opportunity" law for people with disabilities. To be protected by the ADA,
one must have a disability, which is defined by the ADA as a physical or mental impairment
that substantially limits one or more major life activities, a person who has a history or record
of such an impairment, or a person who is perceived by others as having such an impairment.
Many believe the signing of the ADA put an end to discrimination, based on disability. In fact,
it was the continuing evolution of mandates and law designed to protect rights, improve
accessibility and educate the public on the importance of equal access for all.

What's a Reasonable Accommodation?



Reasonable accommodation is any change to programs and services to accommodate the need(s) of an individual or group of individuals with disabilities. The need for a reasonable accommodation might include the way things are usually done that may create a barrier and deny an individual with a disability the benefits of employment, transportation, communication, housing and the community at large. This includes all government sponsored programs and services.

Under the Americans with Disabilities Act (ADA), Fair Housing Act and Section 504 of the Rehabilitation Act, government, employers, housing providers, business and service providers are required to provide reasonable accommodations for disabilities, unless doing so would pose an undue hardship.

An example of an accommodation would be making an existing facility usable by disabled employees by modifying the height of desks and equipment, installing computer screen magnifiers, or installing telecommunications for the deaf.

What is a Disability? -



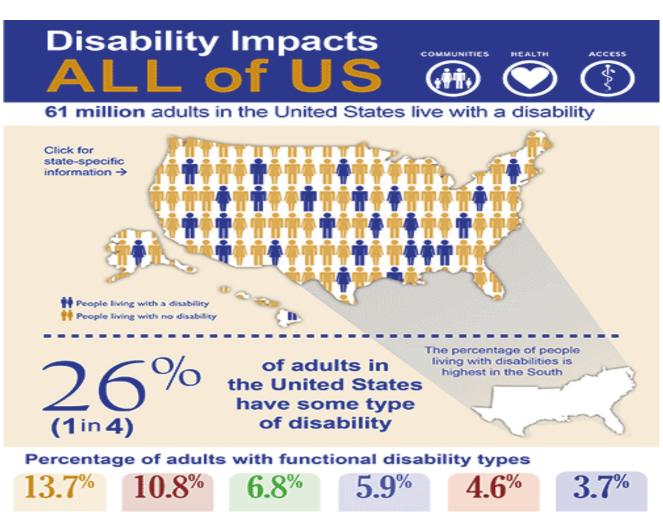
A disability is a physical, mental, cognitive, or developmental condition that impairs or limits a person's ability to engage in certain tasks or actions or participate in daily activities.

It is important to remember that in the context of the Americans with Disabilities Act (ADA), "disability" is a legal term rather than a medical one. Because it has a legal definition, the ADA's definition of disability may be different from how disability is defined under some other laws. The ADA defines a person with a disability as a person who has a physical or mental impairment that substantially limits one or more major life activity.ie: breathing, walking, seeing, hearing, cognition. This includes people who have a record of such an impairment, even if they do not currently have a disability. It also includes individuals who do not have a disability but are regarded as having a disability. The ADA also makes it unlawful to discriminate against a person based on that person's association with a person with a disability.

Interesting Facts about the Disabled Population -

Over a billion people live with some form of disability. That's about 15% of the world's population and rates of disability are increasing, due to population aging and the increase in

chronic health conditions. Disability disproportionately affects vulnerable populations. Disability is more common among women, older people, children and adults who are poor. People with disabilities often do not receive needed health care. People with disabilities are more than twice as likely to find health-care providers' skills inadequate. Disabled people are significantly more likely to report being treated badly and are more likely to be denied health care. People with disabilities are more likely to be under-employed. Statistics shows that employment rates are lower for disabled men and women are significantly lower than for non-disabled men and women of working age. Data suggests, the employment rate of people with disabilities was almost half of that for people without disabilities. People with disabilities are vulnerable to poverty. People with disabilities often have worse living conditions—including, poor housing, lack of access to transportation and nutrition services. Because of extra costs such as medical



care, assistive devices or personal support, people with disabilities are generally poorer than non-disabled people with similar income.

The Relationship Between Disability and Addiction -



Disability and addiction too often are a tragically commonly related. Individuals with disabilities are more likely to suffer from substance abuse disorders than the general population, and they are also less likely to receive treatment for their addiction(s). Conversely, persons with addictions are more likely to become disabled, either through accident/injury or through long-term effects of substance abuse. Individuals with physical disabilities are 2 to 4 times more likely to experience abuse disorders. A disability and lack of support can easily discourage someone's wellbeing and sense of purpose, creating depressing states. Depression, anxiety, and unhealed

trauma, are especially common among disabled Americans, leading many to seek the false comfort of harmful substances. Individuals with disabilities are more likely to be unemployed; disabled adults 25 and older are less likely to have completed high school and more likely to live in poverty. They are more likely to be victims of violent crime and suffer health conditions like obesity and smoking. These factors and others contribute to high rates of substance abuse in the disabled community.

Accessible Parking Abuse and the Cost to the Disabled -

Abuse and misuse of Accessible Parking Permits by family members (parents, children, grandchildren), friends, neighbors or aides, ONLY hurts the legitimate permit holder and those truly in need of accommodation. Accessible Parking Permits are issued to individuals ONLY They are not transferable, they are not family heirlooms and they do not make a car disabled for the purpose of parking. The Accessible Parking Permit program is one of the most highly

abused programs throughout New York and in-fact the nation. In an effort to highlight the extent of the abuse, here are a few examples:

A: Nassau Community College (NCC): Since September 2018 (current semester) dozens of students (looking for an edge) have been ticketed and had permits confiscated for abuse/misuse of another person's permit; most often a parent or grandparent, even a sibling of friend...

B: 60 Charles Lindbergh Blvd: In the past few years, hundreds of summonses and confiscations have occurred, denying legitimate permit holders the opportunity to access much needed services at this busy County facility.



Fines start at \$225.00 and additionally the rightful permit holder loses the "privilege of the needed permit for up to 60 days or in some cases permanently, if there is a history of abuse. Accessible Parking Permits are a courtesy and privilege granted to individuals with a wide range of mobility disabilities in need of this valuable assistance; who agree to adhere to the

rules. They are NOT for the selfish convenience of those who choose to disregard the rules and regulations of the program; ignoring the fact that every time an accessible permit is misused, a deserving mobility challenged individual is denied the use of that space; along with the right to work, shop, worship or to simply enjoy the benefits of the community. As winter approaches, I am reminded of the fact, there are "No - Snow Days" for those with disabilities and mobility challenged. The OPC receives many calls each winter, with complaints of little or no access to sidewalks, parking lots and building after a snow event. When sidewalks and curb-cuts are not cleared, when accessible parking spaces are piled high with snow, when others abuse the privilege of the permit; the one that pays for such disregard, ignorance and selfishness, is the individual that needs that valuable access the most. Residents, municipal governments and especially businesses should be mindful that NYS VTL code 1203-e states it is ILLEGAL to plow or dump snow in accessible parking spaces and allows for fines of up to \$100.00 per offense.

Surprising Census Statistics -

The 2010 Census revealed some surprising numbers as they relate to People with Disabilities and People with Access and Functional Needs. Disability by definition: Any physical or mental condition that substantially limits one or more major life activities. Walking–Breathing-Seeing-Hearing-Standing-Lifting-Learning-Etc. Physical, Intellectual, Sensory. Individuals with disability comprise 26% of the American public population. Breaking the numbers down further; 18.7% of the US population 16 – 64 years and 41.9% of the US population 65 years and older are identified as having a disability. The impact of a disability can range from mild to severe; also, it should be noted that more than 50% of disabilities are most often not apparent. The Access and Functional Needs community encompasses between 60 – 70 % of the US population, has an expanded definition that includes the broadest group of people who benefit from physical, communication and program access. This includes people who have functional needs, may or may not meet civil rights law definitions, individuals who are from diverse cultures, races and nations of origin, older adults and children- with or without disability, individuals with economical or transportation needs, women who are pregnant, individuals with chronic medical conditions and people with disabilities.

A-C-C-E-S-S-I-B-I-L-I-T-Y -

ac.ces.si.bil.i.ty

noun: accessibility

1. the quality of being able to be reached or entered.

Example: "the restoration project involved repairing the roof and improving accessibility"

2. the quality of being easy to obtain or use.

Example: "students were concerned about the accessibility of quality academic counseling"

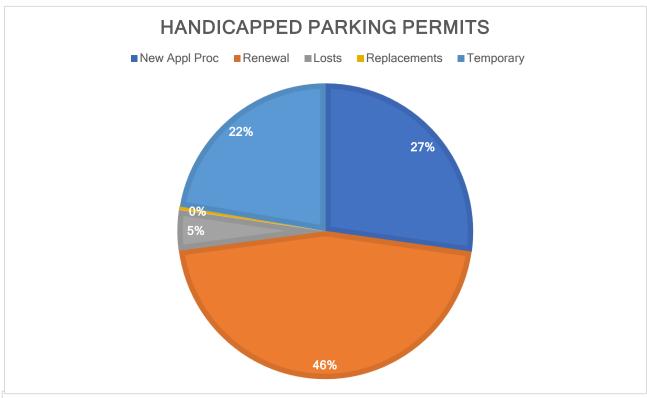
3. the quality of being easily understood or appreciated.

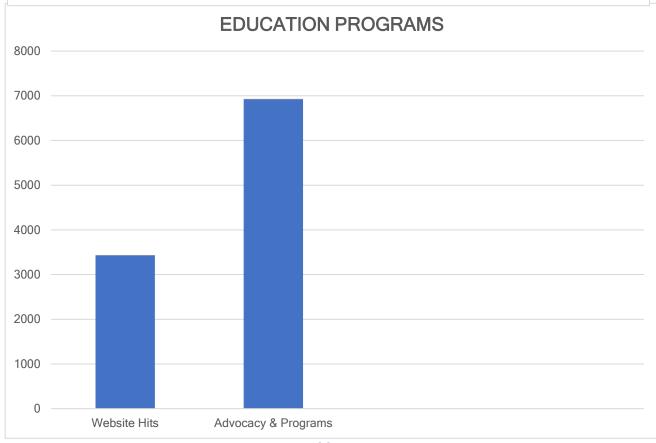
Example: "the accessibility of his work helped to popularize modern art

synonyms: comprehensibility, intelligibility, understandability, penetrability, approachability "the accessibility of this type of music"

antonyms: Incomprehensibility

4. the quality of being easily reached, entered, or used by people who have a disability. Example: "many architects believe that accommodating wheelchairs is all there is to providing accessibility." While description # 4 and the following "Example" are accurate, the example sadly represents a common attitude and misconception. Accessibility for those with disabilities is so much more than wheelchair access; It is accommodating ACCESS to communication, transportation, employment, recreation, housing, and all aspects of public accommodation and the ability to individuals with disability to enjoy the benefits of their community.







Curran to Host Nassau County Empire State Games for the Physically Challenged

Albertson, N.Y. - Nassau County Executive Laura Curran joined with generous sponsors and athletes as she announced that the County is once again raising the necessary private donations needed to host the Nassau County Empire State Games for the Physically Challenged. New York State funding was eliminated for the Games several years ago. The Nassau County Empire State Games for the Physically Challenged will take place this year from May 31st through June 2nd at Mitchel Athletic Complex and Nassau Community College. "It is my pleasure to be here to celebrate the 34th Year of Celebrating Ability," Nassau County Executive Curran said. "I would like thank our wonderful sponsors, many of whom have been loyal Games supporters for many years. These generous individuals and corporate neighbors keep the games alive and successful each year." "We are very grateful for our New County Executive Laura Curran's support of the Games as we celebrate our 34th year of competition right here in Nassau County," said Susan Gordon Ryan, Games founder and former director. The Games have a long and very positive history for the athletes, which could not have happened without the support of Nassau County, New York State and of course the commitment of the Committee Heads, Volunteers and Coaches for all these years." With the general support of corporations such as Elias Properties, GEICO and the Friendly Sons of St. Patrick, athletes will compete in track, field, slalom, archery, swimming, wheelchair basketball and table tennis. Participants, ranging from ages 5 to 21, face disabilities including blindness, visually impaired, deaf, hearing impaired, spinal cord injured, amputees and those who have cerebral palsy, dwarfism and other physical challenges. Now in its 34th year, the Games will take place in part due to contributions from King Kullen - America's First Supermarket - who has been a long-time sponsor helping to feed the athletes, while Hofstra University has committed to housing the athletes with only minimal costs for maintenance.

Nassau Community College is the venue hosting swimming, wheelchair basketball and table tennis events as well as the closing ceremonies. The Nassau County Department of Health and Medical Reserve Corp volunteers will once again work to provide onsite medical care and response during the games. In addition, NICE Bus will provide shuttle bus service for participants and has also generously donated \$5,000 toward the Opening Ceremonies. "We are also grateful to all the people who work behind the scenes to make the Games possible each year. Those who keep track of times, count medals, gather prizes, clean up the field, and many other duties, are providing an invaluable service," said County Executive Curran, who mentioned that many volunteer positions are still open and waiting to be filled. The cost of participation is free, and the numbers of athletes increase each year, boasting over 1,000. The dedication brought forth by the parents, families, teachers, coaches and volunteers are critical to the success of the Games. Operating with a small staff, the Games are facilitated by those who return year after year to a program they love. "The Games provide a weekend of memories of competition to all the athletes, coaches, friends and family members," said County Executive Curran, "These Games are dedicated to the spirit of our athletes. Each an inspiration in courage and commitment to achieve his or her own personal best. We wish this year's athletes much success in their competitions!"For more information, please visit Nassau County Empire State Games for the Physically Challenged website at www.nassaucountypcgames.com. For the latest news and events occurring in and around Nassau County, please visit www.nassaucountynewsnetwork.com and/or download the "Nassau Now" app today!

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Curran Signs Legislation to Assist Drivers with Hearing Impairments

MINEOLA, NY – Nassau County Executive Laura Curran joined Legislator Josh Lafazan, members of the Nassau County Police Department and the Mill Neck Manor House to sign important legislation which will greatly assist Nassau County Police Officers when communicating with individuals with hearing impairments. "The safety and well-being of every resident in Nassau County will always remain our top priority," said Nassau County Executive Laura Curran. In July 2018, Legislator Lafazan introduced legislation, which would direct the Nassau County Police Department to produce information cards for motorists who are hearing impaired. The information cards assist in situations when an officer is not proficient in the use of American Sign Language. The information cards can be used quickly during an emergency and can be easily stored on a car visor. The cards will be distributed to every NYS Department of Motor Vehicle location within Nassau County as well as every police precinct, policing center, and community center.

The visor card will include the following information:

Boldface and highlighted text at the top of the card indicating that the individual is hearing impaired.

Symbols and pictures that can be used to communicate between the police officer and the individual.

A list of the best ways to communicate—American Sign Language interpreter, text messaging, writing, lip reading, hand gestures, an assistive listening device.

Descriptions of motor vehicle and traffic offenses that the NCPD determines are the most common but not limited to—an expire license, not wearing seat belt, reckless driving, failure to stop at a stop sign, and speeding.

Symbols to indicate if the person is being—warned, ticketed, or arrested.

Symbols for the individual to indicate assistance is required, including but not limited to, driving directions, medical emergency, police assistance, nearest gas station, flat sire, nearest hospital, and tow truck assistance.

Symbols for the police officer to request license registration, proof of insurance, or a weapons permit.

Contact information for Nassau County resources for individuals who are hearing impaired.



EMPLOYEES OF THE MONTH 2018

NCDHS EMPLOYEES OF THE MONTH 2018



William Dukes, Nassau County Department of Human Services Employee of the Month (May)



Mita Dudakia, Nassau County Department of Human Services Employee of the Month (June)



Barbara Spinner, Nassau County Department of Human Services Employee of the Month (July)



Deborah Murray, Nassau County Department of Human Services Employee of the Month (August)



Jose Rivera, Nassau County Department of Human Services Employee of the Month (September)



Rebecca DiGiovanni, Nassau County Department of Human Services Employee of the Month (October)



Kimberly Johnson, Nassau County Department of Human Services Employee of the Month (December)

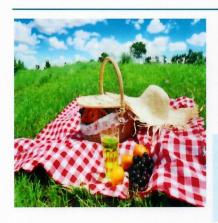
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HUMAN SERVICES HIGHLIGHTS

COMMISSIONER CAROLYN MCCUMMINGS INVITES YOU TO THE

DEPARTMENT OF HUMAN SERVICES SUMMER PICNIC



Friday, August 10th 12pm – 2pm

(Rain Date: Tuesday August 14th)

Please join us in the "Open Field" (between 60 Charles and the Mitchell Field Athletic Complex)

FOOD - FUN - FELLOWSHIP

Don your aprons and pre-heat your ovens...

there will be a baking/dessert contest with Ribbons and Prizes!
(Contest Information and rules in follow-up email)

*Please bring your own chair and umbrella if desired/needed

*A donation of soda, iced tea or water would be appreciated

If anyone has a pop-up canopy that they would be willing to share, contact Colleen Boyle at Colleen.boyle@hhsnassaucountyny.us

1st Annual Nassau County Human Services Summer Picnic











1st Annual Nassau County Human Services Picnic (Cont'd)



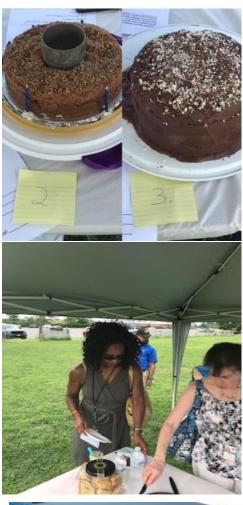




1st Annual Nassau County Human Services Picnic (Cont'd)









1st Annual Nassau County Human Services Picnic (Cont'd)









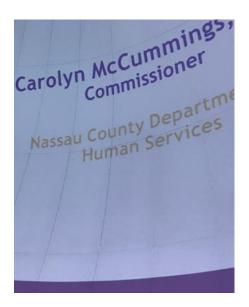
All Staff Meeting and Training

The First Annual All Staff Meeting and Training took place on Monday, October 1, 2018 at the Cradle of Aviation Museum, Uniondale from 9:30am - 12 noon. Leaders from each area of the Department of Human Services gave a ten-minute overview on each area of the department to staff. The purpose of the training was to bring staff up to speed on the function and purpose of the various areas of the department, as well as to unify the department into once functioning department, as opposed to separate entities functioning as individual areas.

Photos from the All Staff Meeting and Training, Cradle of Aviation Museum









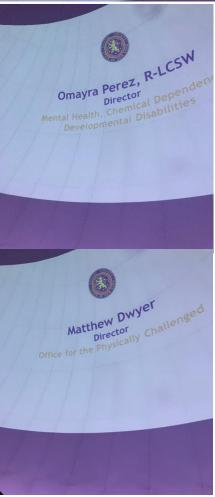
Photos from the All Staff Meeting and Training, Cradle of Aviation Museum (Cont'd)







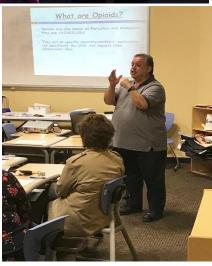




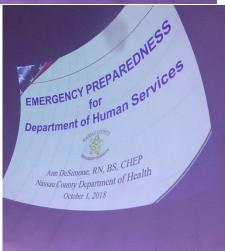
Photos from the All Staff Meeting and Training, Cradle of Aviation Museum (Cont'd)













NCDHS Retirees

The Nassau County Department of Human Services bid farewell to some outstanding individuals who have served Human Services well!



Harleen Ruthen - Coordinator of Community Mental Health Services - 27 Years of Service



Lois McGloin – Community Liaison Specialist II – 16 Years of Service



Michelle Greenblatt – Clerk/Stenographer IV – 37 Years of Service

Thank you for all your wonderful years of service! Enjoy Retirement!