



Friday August 28th Virtual Schedule

Live Zoom Schedule

Exercise with Sheila at 11:30am

Zoom ID: 831 1177 3950

Password: 956969

<https://us02web.zoom.us/j/83111773950?pwd=SjZPZHU2b0V2SVhzTVBBMFJ4QWYydz09>

Live Facebook Schedule

Follow Glen Cove Senior Center on Facebook for Live classes!
Below please find Fridayss classes

Chorus with Betty at 11am

Tai Chi With Spencer Gee at 3pm

