

Nassau County Aquatics Center

Blended Lifeguard Instructor Review Course

For Lifeguard Instructors to review, practice, and polish skills while recertifying.

Day 1	Day 2
4 hours Instructor Review	3.5 hours Instructor Review
1 hour Base Level add on	1.5 hours Base Level add on

Course #	Day 1	Day 2	Time
Course 1	6-Mar	7-Mar	1pm—6pm
Course 2	18-Mar	19-Mar	4pm—9pm
Course 3	1-Apr	2-Apr	4pm—9pm
Course 4	10-Apr	11-Apr	1pm—6pm
Course 5	29-Apr	30-Apr	4pm—9pm
Course 6	1-May	2-May	1pm—6pm
Course 7	13-May	14-May	4pm—9pm
Course 8	29-May	30-May	1pm—6pm

Price of Course: \$200 (+\$50 for Base Level)

Space is limited to 6 People. Registration will close 1 week prior to the first meeting.

Courses in June through August will be posted in April.

To register, email **RSmith1@nassaucountyny.gov** with following:

Subject: **LGIR- Course #**

1. Your **Name** and Red Cross affiliated **Email** address
2. The **course number** you would like to take
3. The **ID or a copy** of the **certifications** to review
4. Whether you would like to stay for the **base level add on or not**