

NASSAU COUNTY AQUATIC CENTER

2022 SUMMER SWIM LESSON/WATER EXERCISE SCHEDULE

Registration will take place online starting Saturday, May 21th. Details below:

- Infant/Toddler & Preschool class registration will start at 9:00am
- Level 1 and Level 3 class registration will start at 9:20am
- Level 2 and Level 4 class registration will start at 9:40am
- Adult and Water Exercise class registration will start at 10:00am

Monday Dates: June 6 – August 8		Tuesday Dates: June 7– August 9		Wednesday Dates: June 8 – August 10	Thursday Dates: June 9 – August 11		Friday Dates: June 10 – August 12	
<u>Swim Lessons</u>	<u>Adult Classes</u>	<u>Swim Lessons</u>	<u>Water Exercise</u>	<u>Swim Lessons</u>	<u>Swim Lessons</u>	<u>Adult Classes</u>	<u>Swim Lessons</u>	<u>Water Exercise</u>
	Aquajog 12:00 - 1:00p \$54.00			Level 1 4:00-4:45p \$90.00 No class: 7/6	Pre Level 2 11:15-11:45a \$99.00 10 straight weeks	Adult Fit Swim 7:15-8:15a \$99.00		
	No class: 6/27 & 7/4	Infant/Toddler 1:00-1:30p \$90.00 No class: 6/28	Aquajog 9:30a-10:30a \$60.00 No class: 6/28	Pre Level 3 5:00-5:30p \$90.00 No class: 7/6	Level 1 4:00-4:45p \$81.00 No class: 7/7 & 7/14	Aquajog 10:00a-11:00a \$66.00		Aqua Aerobics 12:00-1:00p \$54.00 No class: 7/15 & 7/22
Level 4 4:00-4:45p \$81.00 No class: 6/27 & 7/4	Beginner Teen/Adult 1:15-2:15p \$81.00 No class: 6/27 & 7/4		Aqua Aerobics 11:00a-12:00p \$60.00 No class: 6/28	Level 3 5:45-6:30p \$90.00 No class: 7/6	Level 2 5:00-5:45p \$81.00 No class: 7/7 & 7/14		Infant/Toddler 1:15-1:45p \$81.00 No class: 7/15 & 7/22	
					Pre Level 1 6:00-6:30p \$81.00 No class: 7/7 & 7/14			

Note: \$9.00/\$6.00 (depending on class type) non-refundable registration fee is included in each class fee

Age Restrictions:

Infant/Toddler classes: ages 6 mos. – 36 months (each child must be accompanied in the water by an adult)

Pre School Levels 1-3: ages 3 – 5 years

Levels 1-6: ages 6 and over

Teen/Adult: ages 13 and over (also “Get Comfortable” class)

Water Exercise: ages 18 and over

Observation policy:

Parents will be allowed to remain on the pool deck with their children during the duration of the first and last class of the session. For all other classes, parents must observe from the observation area located on the second floor. **Parents and/or guardians are not permitted to drop off their children and/or leave the facility during the lesson.**

Water Temperature:

The pool water temperature stays at an approximate 80 degrees.

Dated: 5/13/22